



Children's Day at the NAMI Georgia Annual Conference

Located at Mercer University in Atlanta, GA

9:00am – 4:00pm

APRIL 21, 2018

ADHD · Depression · Bipolar · Anxiety · Schizophrenia · PTSD

- Leading Experts
- Interactive Workshops
- Registration fee stipends available for families in need
- Children must be accompanied by an adult at all times

Come learn alongside your children:
coping strategies and effective exercises to help them manage their mental illness

Including the following workshop topics and activities:

Preschool yoga	Local youth M.O.V.E. chapter panel discussion
Dance therapy	Breathing/mindfulness techniques
Facing your fears	Goal-setting
Youth self-care	Icebreakers

Food!

Face Painting!

Characters!

To register: Email volunteer@namiga.org
To sponsor: Email Rachel Barber at namiwalks@namiga.org



Sponsored by: Alkermes, Correct Care Solutions, Behavioral Health Link – BHL, Janssen Pharmaceuticals, Inc., Peach State Health Plan, Fulton-DeKalb Hospital Authority, Amerigroup Community Care, Atlanta Center for Medical Research, CareSource of Georgia, Georgia Vocational Rehabilitation Agency, MAKO Medical Laboratories, Neurocrine Biosciences, Inc., WellCare, Beacon Health Options, Lundbeck, Ridgeview Institute, Troy University, Kids R Kids Learning Academies, NeuroMed TMS Center, Riverwoods Behavioral Health

