NAMI Peer-to-Peer is a free, eight-session educational program for adults with mental health conditions who are looking to better understand themselves and their recovery. Taught by trained leaders with lived experience, this program includes activities, discussions and informative videos. However, as with all NAMI programs, it does not include recommendations for treatment approaches.

“"This course has literally been a life saver. It has opened my eyes to better understanding my illness and methods of recovery I did not know about before taking NAMI Peer-to-Peer.”

“Since taking the course I have gained employment and committed to my recovery.”

“NAMI Peer-to-Peer gave me a better understanding of the mental illness I have and how to manage it.”

For more information or to register, please contact:

Thursdays, May 14 – July 2     7PM – 9PM
Contact: Robert Gray
Email Address: rjgray49@gmail.com
Location: Virtual via Zoom
Website: https://naminorthsideatlanta.org/education

ABOUT NAMI

NAMI, the National Alliance on Mental Illness, is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Georgia is an affiliate of the National Alliance of Mental Illness. NAMI Georgia and dedicated volunteers and leaders work to raise awareness and provide education, advocacy, and support for people in our community living with mental health conditions and their loved ones.